

www.livebettermassage.org

Bring in a doctor's note and save on sales tax
Save money by scheduling monthly



**75 East Main Street
Xenia, Ohio 45385**

Call or Text (937) 532-4719

Appointments are available 7 days a week. Office hours are by appointment only.

Gift certificates are available online or for scheduled pickup at the office.

Cash or check is preferred. Credit cards are also accepted.



pricing valid thru December of 2024



new perspective

•
new life

•
new you

live better
massage & relaxation



Therapeutic Blend Massage

This is our standard massage service, as well as our medical massage. If you have a pressure preference, please let us know before you schedule so we can pair you with an appropriate therapist. 60 min or more can be full body or just focused work on trouble areas.

Lavender Dreams Massage

This is a mild pressure lavender filled full body relaxation massage that focuses on lowering stress hormones and calming the nervous system.

Signature Massage

A hands-on Therapeutic Blend Massage with the added benefits of a luxurious warm stone treatment, heat pack therapy, and essential oils. Full body or just focused work on trouble areas.

Prenatal Massage

A special treat for the mom's to be. A variety of massage techniques using prenatal pillows and bolsters for optimal comfort. Doctor's release required.

Couples Massage

Great for couples and besties! A relaxing therapeutic blend massage for two performed in the same room. If you have a pressure preference let us know. Please be aware when booking couples that rates may be higher than listed if booked with Melissa or Olivia.

Massage By Melissa

Medium to firm pressure that combines hands on massage with stretching, warm stones, massage gun, heat pack therapy, and cupping. Full body hot stone is also available for 90 or 120 minutes only if requested at time of booking. Not all items listed above will be used in every session, if you have specific items, you want used, please request at booking. 60, 75, and 90 minute Prenatal sessions with Melissa are available for an additional \$15.

Massage By Olivia

Medium to firm pressure. Olivia has extensive training in Reflexology, Lomi Lomi (Hawaiian massage), Trigger Point Therapy, Shiatsu, Thai Massage, Peri-natal massage (fertility), Isolated Stretching, and Trauma/PTSD massage. If you are coming specifically for any of these, please let us know at booking.

Magnesium Jade Foot Massage

A 30-minute focused massage of the feet & ankles using specialized tools and magnesium to relax, renew, and revive.

Gift Certificates

You can purchase gift certificates online at our website livebettermassage.org OR text/call us to schedule a time to pick one up directly at the spa.

CBD/CBG ADD-ON

Extra tight or painful muscles? Add a spot treatment of CBD/CBG to any area for only \$5+tax. Our spot treatments are one large area, two medium sized areas, or several small areas. Please let us know you would like CBD at booking.

Live Better Premium Packages

Have a special someone you want to treat to an amazing spa package? We've got you covered! We offer combo packages that can include extras such as raw honey facials, paraffin treatments, and magnesium jade treatments added to massage services!

Event Chair Massage (At Your facility)

\$110+tax per hour per therapist with a 2-hour minimum and within 10 miles of our Xenia location. Great for employee appreciation!

Call or text us (937)532-4719 to schedule appointments. Texting is the quickest way to contact us.

Massage Service	30 min	45 min	60 min	75 min	90 min	105 min	120 min
Magnesium Jade	\$60						
Therapeutic		\$75	\$95	\$115	\$135	\$155	\$170
Lavender Dreams			\$95	\$115	\$135	\$155	\$170
Signature			\$110	\$130	\$150	\$170	
Prenatal			\$110	\$130	\$150		
Massage By Melissa/Olivia		\$90	\$110	\$135	\$155		\$190
Couples			\$190	\$230	\$270		

*Please add **6.75%** sales tax to prices Listed.

If you have or are purchasing a **gift certificate**, please be aware that prices may have increased and don't forget to add sales taxes.

Please Don't forget to include sales tax to prices listed